

# Park Avenue

at MORRIS COUNTY | FLORHAM PARK

NEWSLETTER - SEPTEMBER 2017



EVENTS **1-3**

UPDATES **4**

COMMUNITY **5**

OFFERS **6-7**

CALENDAR **8**

## BLOCK PARTY RAFFLE

THURSDAY, SEPTEMBER 7 | 4:30PM-6:30PM

### Block Party Prizes for Fans of Good Food!

Come to the rescheduled Park Ave Block Party, and enter to win premier seating at the below Hudson Table Event! Twelve lucky winners will get up close, counter seating! Winners will be picked at the Block Party (Must be available on the event date).

### HUDSON TABLE COOKING CLASS EVENT!

TUESDAY, SEPTEMBER 19 | 4:30PM-6:30PM

Not a winner? You can still watch the Hudson Table live cooking demonstration at Campus Café 100. It's a taco party! South of the Border Menu includes: Tacos al Pastor, MexiCali Ceviche and Mexican Street Corn. Stay the whole time or stop by for a taste! [Learn more about Hudson Table Here!](#)

### YOU WANT SOCCER FEVER? YOU'VE GOT IT!

**You asked, we delivered!** We have brought soccer to campus. We know a good idea when we hear it, and we made it happen. Please contact John Casas for more information: [jcasas@rem-co.com](mailto:jcasas@rem-co.com).

## Featured Events



\*\*\*\*\***BLOCK PARTY POSTPONED DUE TO WEATHER**\*\*\*\*\*  
RESCHEDULED FOR THURSDAY, SEPTEMBER 07 | 4:30PM-6:30PM | RAIN-OR-SHINE!

Subscribe to Campus Happenings: [lisa.earl-sperry@cbre.com](mailto:lisa.earl-sperry@cbre.com)

## EVENTS

---

### DISCOUNTED JETS TICKETS FOR SALE

ALL SEASON LONG!

#### **NJ Jets Corporate Huddle Offer for Employees**

300 level tickets start at \$60, 100 & 200 level tickets start at \$125. Use code: CBRE. Click [here](#) to purchase or contact Richard Guralnik for more info: 973-549-4785, [rguralnik@jets.nfl.com](mailto:rguralnik@jets.nfl.com).



---

### HEATED STRENGTH SPECIALTY GROUP FITNESS CLASS

SEPTEMBER 5 | 12:15PM -1PM | 600 CAMPUS DRIVE, FITNESS CENTER

By: Olimpia, USA FIT FOR LIFE, LLC.



#### **Register for this Unique Group Fitness Class (\$15)**

An Intense 45 Minute group fitness STRENGTH class in a heated environment. Slow movement exercises using your own body weight & light weights – concentrating on the core. All levels welcome. Registration required, space is limited. Email: [musclesinmotion@yahoo.com](mailto:musclesinmotion@yahoo.com) to register.

---

### IXDA NORTHERN NJ MEETUP

SEPTEMBER 12 | 6:30PM-8:30PM | BLDG 100, SUITE 205

By: Logical Design Solutions

#### **“The Big Picture” with Ronnie Battista**

The IxDANNJ welcomes Experience Design Practice Lead at Slalom, thought leader Ronnie Battista, to share his thoughts on important design topics such as ethical design, calm technology, temporal value, and the dual-edge of ‘engagement.’ Event will be held at Logical Design Solutions, 100 Campus Drive, Suite 205. [RSVP here](#).

---

### PROFESSIONAL INDOOR HEAD SHOTS!

SEPTEMBER 13 | 9:30AM - 3PM | LOBBY BLDG 100

What: Indoor Photography Services on Campus

By: Maureen G. Nowak

#### **Professional Indoor Head Shots From \$150**

Professional photographer Maureen G. Nowak will be visiting our campus to provide indoor head shots in Lobby 100 for our campus members. Park Avenue employees will have choices on the number and type of photographs that will be taken, and the background/setting. Images will be customized to reflect exactly what you are looking for. RESERVATION REQUIRED. Call Maureen at 908-391-3055 or email [Maureen@MGNphotography.com](mailto:Maureen@MGNphotography.com) for pricing and to secure your time slot. Cash or check accepted at time of service.



## PUT YOUR COMPENSATION TO WORK

WEDNESDAY, SEPTEMBER 20 | 12PM - 1PM

What: Lunch & Learn (Conference Center, Building 100)  
By: Rich Avdoyan, Andrew Manganiello, and Chet Makuch  
RSVP: [andrew.manganiello@ampf.com](mailto:andrew.manganiello@ampf.com), 973-549-6783

### Informal Financial Planning Seminar - Plus Lunch!

In this free seminar, *Put Your Compensation to Work: Taking Control of Your Saving and Investing Plan*, you'll learn to take full advantage of every employee benefit available to you, and how to manage your income more effectively so you can find more dollars to invest in your dreams.



Pictured from left to right: Rich Avdoyan, CRPC®, Registered Client Service Associate; Andrew Manganiello, CFP®, CRPC®, Financial Advisor, and Chet Makuch, CFP®, CRPC®, Private Wealth Advisor.

## CONTENT STRATEGY MEETUP NEW JERSEY

SEPTEMBER 20 | 6:00PM | 100 CAMPUS DRIVE, SUITE 205

By: Logical Design Solutions

### Speaker Marko Hurst, Award-Winning Author and Data-Content Scientist

You want to choose the best content for your audience – but how do you make those decisions in a rational and reliable way? Introducing, Content Analytics. This performance analytics methodology relies on a domain knowledge of user experience and marketing and can be applied to your website, social media and intranet. With Marko's guidance, you can apply Content Analytics immediately to make better decisions about what content to produce, based on insights about your content, your audiences and, most critically, your Content Return on Investment (cROI). Join us!



## SHREDDING EVENT - RECYCLING

SEPTEMBER 26 | 9AM - 1PM | LOCATION TBD

### Join Us for a "Shred Day" Event

Bring your "confidential documents" and join CBRE and Information Destruction Systems, LLC for Shred Day. Shredding should be PAPER ONLY. Paper clips, staples, rubber bands are acceptable but no disks or plastics of any kind.

## FLU SHOT CLINIC

SEPTEMBER 28 | CONFERENCE CENTER BLDG 100

### Get Your Flu Shot Conveniently On Campus

Rite Aid is offering standard trivalent flu vaccines, standard quadrivalent flu vaccines (broader flu protection) and flud (senior vaccine for associates 65 years of age and older). Many insurances are taken. Contact Jessica 201-396-3674 with any questions or to confirm coverage.





## IT'S A CONTEST CONTEST WINNER!

By: KBS/CBRE Management Team

**Congratulations, Nancy Iturbe of Drinker Biddle!** Congrats to Nancy on her winning contest idea to follow. And without further adieu, this month's contest is: **"What is your all-time favorite lunch at the Campus Café?"** Prize: Lunch for two at the Campus Café. Submit your entry by **September 07 @ 12PM.**



## TRAFFIC ADVISORY - PARK AVE SHUTTLE UPDATES FOR SEPTEMBER

By: KBS/CBRE Management Team

### NJ TRANSIT Plans to Return to Normal Service

Please see changes in the afternoon shuttle service, effective 09/05. KEY: E-Eastbound, W-Westbound.



### MORNING

(Madison Station AM Pick-Up Times)

<u>Pick Up</u>	<u>Shuttle</u>	<u>Trains</u>
7:20 AM	Shuttle 1	7:17E, 6:58W, 7:09W
7:45 AM	Shuttle 1	7:30E, 7:32W, 7:45W
8:10 AM	Shuttle 1 & 2	8:05E, 8:01W
8:35 AM	Shuttle 2	8:22W
8:50 AM	Shuttle 1	8:37W, 8:47E
9:10 AM	Shuttle 2	9:08E, 8:55W
9:35 AM	Shuttle 2	9:37E, 9:35W

### AFTERNOON

(Park Ave Campus PM Pick-Up Times)

<u>Pick Up</u>	<u>Shuttle</u>	<u>Trains</u>
3:30 PM	Shuttle 1	3:47E
3:55 PM	Shuttle 1	4:11E, 4:18W, 4:28E,
4:25 PM	Shuttle 1	4:43W, 4:46E, 5:02W
4:50 PM	Shuttle 1	5:12E, 5:27W, 5:35W
5:25 PM	Shuttle 1	5:42E, 5:54E, 5:57W
6:00 PM*	Shuttle 1	6:16E, 6:18W, 6:33W

*\*All Later Trains - Pick-ups initiate at Building 100 with progressive building stops along the campus. Pick up time starts at building 100 and picks up at each building. The shuttle will only stop if you are outside the front main lobby door of each building. Sorry, we are unable to wait for late commuters as this will cause others to miss their connections. If you miss the Campus Shuttle, you may call NJ Transit at 1 (973) 275-5555 to arrange a ride.*

## VAN POOLS

By: TransOptions

Vans require 9 to 15 people, and if you register your van pool with TransOptions you will receive benefits like... the **Emergency Ride Home** program and the NJ Transit Vanpool Sponsorship. See [transoptions.org](http://transoptions.org) for more.

# Tenant Spotlight

## LOGICAL DESIGN SOLUTIONS

Logical Design Solutions creates experiences that transform business and help people succeed in the new digital organization. For over 25 years, LDS has helped market leaders realize their most important business and people strategies through technological innovation.

### UP-COMING LDS EVENT

THURSDAY, OCTOBER 19 | 0:00PM-0:00PM

As part of its focus on digital transformation, LDS will host **DISRUPT / NNJ**, a meet-up focusing on innovative practices in talent, culture, and technology on **Oct. 19** in Building 100's Atrium. It will feature 10 spirited, five-minute presentations (think short TED talks) on topics by professionals driving innovation in human / work design and experience. The event is open to Campus Drive tenants who want to attend or participate and submit presentation ideas.



[Get Event and Admission Details Here!](#)

## HABITAT FOR HUMANITY

SEPTEMBER 29 | 7:30AM-9:00AM | OFF-CAMPUS

By: Stephanie Sayki of Habitat for Humanity

### Build A Culture of Happiness Event

Join us for breakfast and discover the power of philanthropy and its influence in cultivating a happy workplace, dedicated workforce, and healthy bottom line. Guest speaker, Dennis Budinich, SVP, Chief Culture Officer Investors Bank.

Morris Habitat will build and preserve 62 homes in 2017. Learn how you can transform your corporate culture while helping more families find strength, stability, self-reliance and shelter through homeownership.

Event Tickets: \$65,  
Table Sponsors: \$500.  
Email [Kathy.Ritchey@morrishabitat.org](mailto:Kathy.Ritchey@morrishabitat.org) for more information.

[View full program flyer here.](#)



## BLOOD DRIVE ON CAMPUS

TUESDAY, SEPTEMBER 12 | 9AM-12PM | 100 CAMPUS

TUESDAY, SEPTEMBER 12 | 2PM-5PM | 600 CAMPUS

### One Blood Donation Can Save 3 Lives!

Hop on the bloodmobile at 100 or 600 Campus Drive and donate blood to help save lives. Donation rules to know:

1. Please eat breakfast before donating
2. Please drink plenty of water the day before and day of the blood drive
3. You cannot do any physical activity for 24 hours after donating
4. Please bring Driver License or Company I.D.
5. Please allocate one hour into your schedule for donating
6. You don't need to know your blood type to donate
7. If you have had a tattoo in a License parlor in New Jersey you are o.k. to donate.
8. If you have Diabetes and it is under control on the day of the blood drive, you can donate.
9. Donors need to be over 110 pounds.

[Sign up for a timeslot online here.](#)



# SEPTEMBER OFFERS - CAMPUS PERKS



## THE UNITED STATE OF US

Celebrating Our Community  
September 15-24



**Join us. We're here for good.**  
Visit us for a FREE week! Join during September 15-24 and we will waive the initiation fee.

♥ The Madison Area YMCA is cause-driven 501(c)(3) charitable organization. For more information about financial assistance or to make a donation, please call 973-822-YMCA (9622) or visit us at [madisonareaymca.org](http://madisonareaymca.org).

### MADISON AREA YMCA

**FAMILY CENTER**  
111 Kings Road, Madison, NJ  
973-822-YMCA (9622)

**F.M. KIRBY CHILDREN'S CENTER**  
54 East Street, Madison, NJ  
973-377-4945

**PROJECT COMMUNITY PRIDE**  
973-593-8450

[madisonareaymca.org](http://madisonareaymca.org)



## Campus Coffee Bar

LOBBY 100

# HALF OFF Happy Hour

THURSDAYS | 3:00 - 4:00pm

ENJOY HALF-OFF BARISTA PREPARED DRINKS AND BAKERY ITEMS AND SAMPLE OUR CUSTOM MADE "BETTER FOR YOU" SNACKS AND MADE TO ORDER SMOOTHIES

**seasonal signature drinks**

- iced earl tea w/fresh orange and lavender
- iced house brewed cold brew
- sparkling and 'spro




## HOST YOUR NEXT EVENT AT HUDSON TABLE

Culinary Studio & Private Event Space in Hoboken, NJ



Hudson Table is a new culinary experience. Enhance your skills with an invigorating hands-on cooking class. Engage with our chefs as they prepare a full tasting menu as you enjoy the show at our chef's counter. Or you be the judge at one of our classic chef's competitions. There's certainly something for everyone!

Hands-On Cooking Classes / Corporate Parties  
Team Building / Private Events



## Preferred Vendors



Don't forget that your Park Avenue Preferred Vendors offer you *everyday* deals and unique access to the goods and services you need both on campus and beyond.



**TO SEE ALL OF OUR PREFERRED VENDORS  
& CORPORATE DEALS [CLICK HERE](#)**

MON	TUE	WED	THU	FRI
				Dry Cleaning 1
4 <b>HAPPY LABOR DAY!</b>	5 Auto Detailing Massage Therapy Dry Cleaning  <b>Heated Strength Class</b> 12:15-1PM <i>Campus Coffee Bar 1/2 off</i> <i>Shaken Iced Teas 3-4PM</i>  Basketball, Bldg 600 Outdoor Experience 5:15PM	6  Yoga Class 12:15-1:15 PM  Volleyball, Building 600 Outdoor Experience 5:15PM	7 Massage Therapy <i>Stonyhill CSA Delivery</i> <i>Campus Coffee Bar 1/2 off</i> <i>Happy Hour 3-4PM</i>  USA Fit for Life 4:45-5:30PM @600 Campus  <b>Rescheduled Block Party</b> 4:30-6:30PM, BLDG 100 Behind Cafe	8    Dry Cleaning
11  USA Fit for Life 12:15-1PM @600 Campus  Yoga Class 5:45 – 6:45 PM	12 <b>Blood Drive</b> Auto Detailing Massage Therapy Dry Cleaning <i>Campus Coffee Bar 1/2 off</i> <i>Shaken Iced Teas 3-4PM</i>  Basketball, Bldg 600 Outdoor Experience 5:15PM  <b>LDS “Big Picture” Suite 205</b> 6:30PM-8:30PM	13  <b>Headshots by Appt.</b> 9:30AM-3PM  Yoga Class 12:15-1:15 PM  Volleyball, Building 600 Outdoor Experience 5:15PM	14  Massage Therapy <i>Stonyhill CSA Delivery</i> <i>Campus Coffee Bar 1/2 off</i> <i>Happy Hour 3-4PM</i>  USA Fit for Life 4:45-5:30PM @600 Campus	15    Dry Cleaning
18  USA Fit for Life 12:15-1PM @600 Campus  Yoga Class 5:45 – 6:45 PM	19 <b>Cooking Class</b> 4:30-6:30PM Auto Detailing Massage Therapy Dry Cleaning <i>Campus Coffee Bar 1/2 off</i> <i>Shaken Iced Teas 3-4PM</i>  Basketball, Bldg 600 Outdoor Experience 5:15PM	20 Yoga Class 12:15-1:15 PM  <b>Financial Planning Lunch &amp; Learn</b> 12PM -1PM Conference Center Building 100  Soccer Near Building 600 5:15PM  <b>LDS Content Strategy</b> Suite 205   6PM	21  Massage Therapy <i>Stonyhill CSA Delivery</i> <i>Campus Coffee Bar 1/2 off</i> <i>Happy Hour 3-4PM</i>  USA Fit for Life 4:45-5:30PM @600 Campus	22    Dry Cleaning
25  USA Fit for Life 12:15-1PM @600 Campus  Yoga Class 5:45 – 6:45 PM	26 <b>Shredding Event</b> 9AM-1PM Auto Detailing Massage Therapy Dry Cleaning <i>Campus Coffee Bar 1/2 off</i> <i>Shaken Iced Teas 3-4PM</i>  Basketball, Bldg 600 Outdoor Experience 5:15PM	27  Yoga Class 12:15-1:15 PM  Soccer, Near Building 600 5:15PM	28 <b>Flu Shot Clinic</b> BLDG 100  Massage Therapy <i>Stonyhill CSA Delivery</i> <i>Campus Coffee Bar 1/2 off</i> <i>Happy Hour 3-3:45PM</i>  USA Fit for Life 4:45-5:30PM @600 Campus	29    Dry Cleaning

**Coming In October:** Electronics and battery recycling events and Cell Phones for Soldiers.  
**Visit:** [parkavenue-njtenants.com](http://parkavenue-njtenants.com) For up-to-date events and happenings on campus!

## CAMPUS “COFFEE BAR”

TEA TIME TUESDAYS: 3-4PM | 1/2 OFF HAPPY HOUR THURSDAYS: 3-4PM | 9/5/17 BACK TO NORMAL HOURS

By: Dartcor

**Half off campus Signature Shaken Iced Teas Every Tuesday, 3-4PM.** Call ahead (973-735-3293) and we'll pick you up by 2:50PM and return by 3:30PM on our shuttle.